Tony ([00:02](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=2.71)):

Erica and Sharon are sisters who began their grief journey in 2006 when Erica's 10 year old son, Austin drowned. Together, they participated in a grief education program were so moved by this experience, they studied and became specialists so they could help the broken hearted find recovery. In 2015 tragedy struck their family once again when Erica's oldest son Donovan was killed in a motorcycle accident. Erica and Sharon are committed to sharing their experiences of love, loss, and healing through this podcast. Now your grief specialist, Sharon and Erica.

Sharon ([00:41](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=41.18)):

So today is June 9th, 2022. And we are recording this just two weeks after the Uvalde, Texas shooting. And Erica, I wanna bring you back to the day that Donovan died. I I'm sorry. I wanna bring you back to the day that Austin died. We called you over and over again, and you didn't answer the phone. No one knew where you were. And after multiple missed phone calls, you ended up calling the house. And I believe about three hours had passed. We knew at that point that Austin was missing. That's all we knew. Describe that to me. And I want people to understand what these parents were possibly feeling just in that, that three hour span for us. What was it like for you?

Erica ([01:41](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=101.78)):

So it's the you're asking me when, when we just thought he was lost?

Sharon ([01:47](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=107.11)):

When we just thought he was lost.

Erica ([01:51](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=111)):

It was, it was weird because you told me to pack a bag and that we were gonna catch a flight out to Arizona. And I remember being in my room and I was putting like the weirdest things in the bag. Like I couldn't, I couldn't concentrate enough to focus on what I was doing, cuz my, my thoughts were running away. So it was, you know, what if, what if they don't find before it gets dark? You know, where could he be? Where could I suggest that they look? Because I knew Austin. I knew that little boy, like the back of my hand and he just had this very creative thought process. So I was trying to think of, okay, w what would've lured him away from the group, because normally he, he was not a wanderer. Austin did not get lost very often. He liked to be in his comfort zone. So I was trying to come up with where I could suggest they look for him. And I, for a hot second, I entertained whether or not I thought he drowned. And I think I asked you, I said, don't, do you think he drowned? And you were like, absolutely not. So it was just, it was just my brain being consumed by a bunch of thoughts.

Sharon ([03:14](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=194.95)):

What was your heart feeling like?

Erica ([03:17](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=197.9)):

I didn't have any emotion. I, I just, I was scared, absolutely scared because I thought I was more or less, more, mostly scared. He wouldn't get found before it was dark. That was what I was most fearful of. I did not want him to still be lost when it was dark, because then I didn't want him to be, I didn't want him to be afraid.

Sharon ([03:38](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=218.87)):

Was your body feeling anything? Can you remember?

Erica ([03:41](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=221.84)):

I remember kind of just being numb.

Sharon ([03:49](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=229.55)):

So you asked me, you did say to me when the, the first thing you said to me was, oh my God, Sharon, do you think he drowned? And because I hadn't thought it, I mean, I had hope. I just thought he was lost. I literally just thought he was lost and drown never came to my mind. I, I told you no, no, he didn't drown. Everybody was right there. And you were like, oh yeah, yeah. It was like, it took that out of your head. Did you continue to think about the drowning part?

Erica ([04:21](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=261.41)):

Nope. No. Then I, after that, I just focused on him being lost. And honestly, I don't even remember asking you that you're the one who told me that I asked you that. So I don't remember that part. I just fo then I, I, I know that it never came up again, cuz I just focused on him being lost after that.

Sharon ([04:38](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=278.89)):

Yeah. and I'm sorry that I did that. I don't know. I, I, I feel bad. Like I just was never a thought that came to my mind and I, so I took it from you.

Erica ([04:48](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=288.94)):

You don't have to apologize for that. Who would be the person saying yeah. You know.

Sharon ([04:53](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=293.68)):

You're right.

Erica ([04:54](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=294.08)):

Of course. You're gonna say no.

Sharon ([04:56](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=296.52)):

Yes. It's a possibility. That's awful. Okay. What about adrenaline? Do you think adrenaline was taken over?

Erica ([05:05](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=305.279)):

No, not, not in that moment. Not for me.

Sharon ([05:08](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=308.56)):

Mm-Hmm.

Erica ([05:09](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=309.5)):

I think had I been there? Absolutely.

Sharon ([05:12](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=312.71)):

Yeah.

Erica ([05:12](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=312.83)):

I think, you know, had I been, and then everyone's looking and they not, they're not finding him a thousand percent. I think adrenaline would've kicked in and you just kind of go onto autopilot. Not for me cuz I was not there on scene. So I think my, my experience was different from what like Lewis went through.

Sharon ([05:32](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=332.08)):

Yeah. So then at some point I come to the house and you find out that Austin had in fact drowned right there by the boat. So the three hours of waiting ended and you find out that he had drowned, what did it turn into then?

Erica ([05:57](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=357.55)):

That absolutely turned into an out of body experience.

Sharon ([06:02](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=362.23)):

Yeah.

Erica ([06:02](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=362.8)):

That every time we talk about it, I just it's like every scene you've seen on a movie where the mother finds out her child has died.

Sharon ([06:11](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=371.24)):

Yeah.

Erica ([06:11](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=371.38)):

And if I had not experienced it, I just to think like, what would I do if something happened to my kids, you know, sometimes you just go, your brain goes there. I never would've thought I would've reacted like that. But I did. I screamed the loudest, most blood curdling scream. And I took off running. Cuz I just, you just think you can outrun the grief and the pain that you're feeling. And my apartment was only so big. So I eventually hit a wall like literally and dropped to my knees and sobbed from my heart, from the bottom of my heart. These sobs came and then I think the adrenaline kicked in because then you're just like your body goes into protection mode.

Sharon ([06:55](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=415.97)):

Yeah. Yeah. This is bringing up some emotion for me because you remember every single aspect of it. The taste, the smell, the sound you remember running. I remember your eyes looking at me, these two big, giant eyes, like please Sharon, gimme good news. And I even remember the way you came around the door. It was like, the door started to open, but you didn't appear right away. I remember that. I remember you running off. I remember Charlene telling me on the way up to stairs, you tell her, but it was Tony, my husband, Tony, my sister, Charlene and myself. Like no one said a word we all knew. She was talking to me like all of the things, every aspect of it, the look of your apartment, what it was like being inside there. Like you, you never forget that part.

Erica ([07:49](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=469.84)):

Mm-Hmm, it's, it's, it's ingrained in you. It's like it becomes a part of you.

Sharon ([07:58](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=478.51)):

So it's also becoming emotional for me because I can imagine, I can only imagine I have no idea. Those parents, the Uvalde parents, one wanting to get into the school to the hours of agony, bus load, and bus load of bus load coming without their children getting off. I can imagine that it was out there that everyone was gossiping about which classroom it had happened in because you know, that, that just happens as human nature. They get little tidbits of information. It's like playing telephone. And by the time it, you know, went down the line, the information was wrong incorrect or it's simply not true. And some of it was true. And then having to find out that they would absolutely have to do DNA tests to be able to identify I can't, I, my heart just can't accept what's happened.

Erica ([08:56](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=536.57)):

It's everything you just described is like what people's nightmares are made of.

Sharon ([09:02](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=542.99)):

Right.

Erica ([09:03](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=543.02)):

Because one, you, you can't ever imagine that you would lose your child, but then to lose them in such a brutal and gruesome way. And also for the the first responders and whatever direction they were getting to not respond or engage immediately, just what those sounds were like, you know what I mean?

Sharon ([09:34](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=574.38)):

Yeah.

Erica ([09:34](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=574.82)):

It's just, I, I, I there's limits to how far my brain and my heart will allow me to, to think about it because it all seems so horrific.

Sharon ([09:47](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=587.12)):

Right.

Erica ([09:47](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=587.121)):

It's so horrific. And I, I just wanna cry for every single person who lives in that town for every single person, because they, that town is forever changed.

Sharon ([10:01](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=601.52)):

Forever changed. Wow. and this is just the beginning for them. They haven't even started to some of them still haven't even had their funerals yet. Some of them most of them, I would imagine haven't gone back to work yet. The difference between Austin and these children is that Austin wasn't plastered all over the news. There was a little bit of news stories about it, but for the most part, you and Lewis got to grieve privately. So they are being dragged in. Some of them were even in Washington this week.

Erica ([10:46](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=646.27)):

Mm-Hmm.

Sharon ([10:46](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=646.27)):

The, the way that they're gonna grieve is gonna be so different.

Erica ([10:52](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=652.38)):

Yeah. Having, having a public tragedy like that.

Sharon ([10:56](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=656.82)):

Yeah.

Erica ([10:58](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=658.35)):

I don't even know what layer we always talk about grief having layers, what layer of grief, you know, that would bring for these families and the town, because they, you don't get peace. You can't grieve the way you really need to because you've gotta fight off, you know, news reporters and.

Sharon ([11:19](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=679.54)):

Yeah.

Erica ([11:20](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=680.12)):

You know, all these investigations and, you know, it's like, how can you even find time to allow the grief in when you're so distracted by all these other factors?

Sharon ([11:33](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=693.85)):

There was one or two mothers that I know that decided to do open casket. And I've seen the photos for one to change the conversation of the gun violence of the mass shootings. Right.

Erica ([11:57](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=717.07)):

Mm-hmm.

Sharon ([11:57](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=717.07)):

To hopefully change the, that conversation. That to me, you, you do have to pull out some strength to be able to do that.

Erica ([12:09](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=729.98)):

Mm-Hmm.

Sharon ([12:09](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=729.98)):

I can't even, I, I honestly, I can't even imagine what that was like. But describe for me what you think. So I want, I want our listeners to understand where do you think these parents are right now? Like it's two weeks. Where are they right now?

Erica ([12:26](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=746.99)):

They're in shock.

Sharon ([12:28](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=748.11)):

Yeah.

Erica ([12:28](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=748.401)):

They're in absolute shock. They're we teach in our program, your brain goes into protection mode and it will keep you in that shock fog state.

Sharon ([12:43](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=763.22)):

Yeah.

Erica ([12:43](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=763.6)):

For a little bit, because I think if you really felt the weight, the full brokenness of, of the loss like that, that man is what I, the husband, the teacher's husband who had a heart attack.

Sharon ([13:00](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=780.7)):

Yeah.

Erica ([13:01](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=781.67)):

That's what I imagine it, it would, I feel like it would give you a heart attack.

Sharon ([13:05](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=785.42)):

Yeah.

Erica ([13:06](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=786.21)):

If you allowed it all in at one time, I, I just, that's how I felt after Donovan. If I were gonna feel how much pain I was in, I felt like I was gonna die.

Sharon ([13:18](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=798.27)):

Yeah. Yeah. You absolutely feel like you're gonna die. The world is in such a dark place right now. And this moment in time is such a dark time experience. Right?

Erica ([13:36](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=816.83)):

Right.

Sharon ([13:41](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=821.08)):

So I feel there's no time, like the present to say there are no words, like literally, what would you even say to these, this, these parents? There are no words.

Erica ([13:57](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=837.57)):

I think. Yeah. That, and I, I don't, honestly, I don't even know because, and I have not been following I've. I've seen news just in, in written form, cuz I have stopped watching the news, the fact that we're still dealing with this however many years since Columbine and the politicians have done nothing to change it, the amount of rage that these people must feel, because that's the other thing, this is something that, that needs to be addressed snd it's being brushed under the rug for dollar, for a dollar amount. You know what I mean?

Sharon ([14:45](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=885.57)):

Well, that's part of the layers.

Erica ([14:47](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=887.52)):

So yeah. So, so the rage, the rage, then that they're, that's gonna come in because how many more families have to experience this? How many, how many times can we say we empathize with these people, but continue to put more children in danger?

Sharon ([15:07](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=907.79)):

Yeah.

Erica ([15:08](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=908.81)):

I, how, how long are we gonna sit oddly by and let more families have to cry these tears. It's like, and it's we just did a show about being complete. I am absolutely complete with my boys. So it's these tears that I'm feeling, this emotion that I'm feeling is not about them. It's about how many more families are gonna have to go through this.

Sharon ([15:31](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=931.07)):

Yeah.

Erica ([15:31](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=931.23)):

I don't, I don't ever wanna have to watch another news story that covers this. I'm like so sick of it.

Sharon ([15:38](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=938.72)):

Yeah.

Erica ([15:41](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=941.66)):

I don't, I don't know. And it's, we know it's not gonna be the end. So then at some level, as Americans, we're desensitized to it and we shouldn't be.

Sharon ([15:52](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=952.16)):

Yeah. I think that is that's huge as well, you know? And for us, for you and I, we are both licensed to carry.

Erica ([16:03](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=963.86)):

Yeah.

Sharon ([16:03](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=963.861)):

This is not about that. And I don't wanna make this show about guns at all. This is 100% about those families and what they're going through right now. I cannot even imagine having been at a award ceremony for your child that day, I heard one of the moms say I will, she said, I will never get over the fact that I left my daughter there. You know, sometimes after the awards you early, I will never get past that fact that I left them there. And those were the parts that haunt you.

Erica ([16:39](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=999.88)):

Yeah.

Sharon ([16:39](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=999.881)):

Those are the little things that haunt you. Like you even quest probably questioned why didn't I go to the, to the boating trip in the beginning? Right.

Erica ([16:51](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1011.62)):

Honestly, I felt grateful. Like I was spared. Yeah. So I didn't question my not going. I, I was, I felt I was spared of having to see that. And again, back to the layers, I don't know how deep that would've gone. Had I been there and experienced that.

Sharon ([17:13](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1033.65)):

Yeah.

Erica ([17:14](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1034.24)):

You know?

Sharon ([17:15](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1035.33)):

Oh yeah. Yeah. Did you ever wish that you were there?

Erica ([17:19](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1039.77)):

No.

Sharon ([17:20](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1040.51)):

I'm putting words in your mouth that that aren't necessarily true.

Erica ([17:23](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1043.05)):

No, I, I don't ever wish that I was there. I, I don't know.

Sharon ([17:30](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1050.45)):

Thinking that, I'm sorry. I could cut you off. What about thinking if I'd have been there? It probably wouldn't have happened.

Erica ([17:37](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1057.51)):

I never thought that.

Sharon ([17:38](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1058.74)):

Okay.

Erica ([17:39](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1059.67)):

I thought I, and I believe, and I don't, you know, I just, this is the way I believe that everything happens for a reason.

Sharon ([17:49](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1069.359)):

Yeah.

Erica ([17:49](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1069.74)):

You know, I believe when we are born, we already have our death date.

Sharon ([17:54](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1074.56)):

Yeah.

Erica ([17:54](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1074.96)):

And Austin's death date was June 17th, 2006.

Sharon ([17:59](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1079.52)):

Yeah.

Erica ([17:59](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1079.54)):

And I think that even, even if let's just say, this is just how I, I believe, I believe even if Austin didn't go on that trip and he was home with me, he still would've died. That was his date. That was his date. And that's just how I believe. I don't, I don't encourage other people to believe that. That's just how and I, same thing for Donovan, I fought Donovan tooth and nail about going to the army cuz I was so scared. He was gonna end up in Afghanistan and die.

Sharon ([18:27](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1107.67)):

Yeah.

Erica ([18:27](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1107.75)):

I was, I was so scared. He was getting up dying. He still ended up dying. His death, death date was July 2nd, 2015.

Sharon ([18:38](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1118.34)):

I believe that. Yeah. I, I, I hear you clearly. I believe that I'm just thinking about this. If I were to talk to the Uvalde parents, I would tell them, be very careful of becoming the detective and trying to figure out every aspect of this that you must grieve and you must grieve fully, completely. And you must allow this pain in because you can get caught up into the how did it happen? What time did the shooter get there? How many bullets were in the room? You know, I gotta get to Washington, I gotta change the laws. We could literally put our grief aside and start taking on the, picking up the cross and carrying this cross. Not that that's a bad thing. There's a time and a place for that. But the grieving is the most important thing I believe that you have to do right now.

Erica ([19:35](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1175.5)):

And I agree. I think the fact that, you know, people jump right into action. We gotta make change. We gotta do this. We gotta do that. It's a distraction.

Sharon ([19:45](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1185.04)):

Yeah.

Erica ([19:45](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1185.041)):

From the pain and the grief and you can lose yourself into the cause and and then not allow yourself the time and space to grieve and you'll get stuck there.

Sharon ([19:58](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1198.859)):

Yeah. We, it even happened to us a little bit with Austin planning out about carbon monoxide. And I know more now about carbon monoxide and death and, and especially at lake Havasu than I ever wanted to know.

Erica ([20:11](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1211.77)):

Yeah. And that that's what what happens because you wanna make a change. You don't want another parent to ever feel what you felt because it is so horrific and unimaginable. There are not enough words in the English language to describe it. There's just not the words that we have to describe the pain that comes from losing a child don't even do it justice.

Sharon ([20:38](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1238.24)):

Yeah.

Erica ([20:38](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1238.83)):

So you never want one more person to feel that if you can help it. So by addressing the carbon monoxide issue in lake Havasu and finding ways to make changes there stops that from happening for another family, we were on board with that. But the thing that you also have to live with, and same for the Uvalde parents, if you don't get the change and they're not gonna get the change, cuz the politicians care more about dollars than they do about these children. And that's just the bla blatant truth. And that's the same for carbon monoxide in lake Havasu. We hit a roadblock because the people there care more about their retail and the money that they make on those big weekends, than warning people about the dangers of carbon monoxide.

Sharon ([21:31](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1291.109)):

Yeah.

Erica ([21:31](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1291.73)):

And so we hit a roadblock and then you feel, you feel another layer of loss because you could not get justice. You could not spare another family.

Sharon ([21:44](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1304.48)):

Right.

Erica ([21:44](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1304.58)):

You could not make the change that you were fighting for. And that's another layer to the grief. You feel like a failure.

Sharon ([21:51](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1311.19)):

Yeah. I think also I would tell the families that don't expect everyone in the family to grieve this thing. Dad's gonna grieve different than mom, brothers and sisters are gonna grieve differently. And yet it's all gonna suck.

Erica ([22:12](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1332.85)):

What I would like to say is don't blame each other. Yeah. You, everyone is looking for the person to blame. And even I wanna add this into, I live in a very small town in Texas. If this happened here, our people would not know what to do. Even though you go to a training, even though you go to a training on what to do with an active shooter, you don't know what to do with an active shooter, unless you, you know what I mean? Unless you experience it, you don't know how you're gonna react until you experience it. Even those poor police officers who I know are carrying such shame and such guilt.

Sharon ([22:55](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1375.04)):

Yeah.

Erica ([22:57](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1377.75)):

The only person to blame is the one that went in there with the gun.

Sharon ([23:01](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1381.52)):

Yeah.

Erica ([23:02](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1382.63)):

Not even his mother is to blame. She didn't raise him to be a shooter.

Sharon ([23:07](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1387.48)):

Yeah.

Erica ([23:09](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1389.99)):

Don't blame each other for the parents. Don't blame the hu mom don't blame dad, mom and dad don't blame the police, police don't blame, you know, the, the head of the Sergeant. I don't, you know, the rank or whatever.

Sharon ([23:25](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1405.93)):

Yeah.

Erica ([23:27](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1407.97)):

Just allow the brokenness in so that you could find healing.

Sharon ([23:34](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1414.119)):

If grief sucks, but you gotta lean into the suck.

Erica ([23:37](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1417.59)):

You do.

Sharon ([23:38](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1418.45)):

Lean into it. You have to allow it to be there to all of the families in Uvalde, I have no idea what you're going through. No idea. Just know that we see you. We were grievers first and we know what this pain feels like. And we're sending you all of the good healing energy that we can.

Erica ([24:04](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1444.17)):

I wish we would never have to do another show like this.

Sharon ([24:07](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1447)):

Yeah.

Erica ([24:07](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1447.46)):

But sadly, there's going to be more and I don't know how many more I don't know. And I'm, I, I can't, I just, I, I can't even watch it, but we are with you and we are so sorry for everything you've experienced. And if it's, if hopefully this message gets to somebody who needs it, healing is possible. You have to go after it.

Erica ([24:36](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1476.869)):

Yeah. Thank you friends.

Erica ([24:41](https://www.temi.com/editor/t/fZGWiKpZsJEXv6zdPNB6FM2J8uP4907Cqs4XNQLGhRipX4C2tgjnDrnZZVBXop-sLXaZNG77zI1Uw49aTbiFyqR8El8?loadFrom=DocumentDeeplink&ts=1481.4)):

Bye friends.